



## NEWSLETTER MARCH 2011

On behalf of the Danish Powerlifting Federation and as meet director for the IPF Master Benchpress 2011, I'm looking forward to host this exciting competition in Denmark.

As of now, only 46 days to meet start.

I would still like to draw your attention to our informative Website

<http://www.ipf-bench-2011.dk/>

All relevant information about geographical location, accommodations, shopping possibilities and the various number of local attractions at Lolland Falster can be found here:

<http://ipf-bench-2011.dk/index-4.html>.

Please note deadline for ordering breakfast in the restaurants at Lalandia Holliday Center, no later than final nominations(21 days before meet start) <http://ipf-bench-2011.dk/index-19.html>

The same applies for registration to end banquet

<http://ipf-bench-2011.dk/index-19.html>

Payment must be transferred and controllable 3 days before the technical meeting.

It Is very important that we receive all the participant's arrival and departure times at Copenhagen Airport, so that we can coordinate shuttle service to and from Lalandia Holliday Center.

This Information must be received by us, 21 days before competition starts.

We cannot guarantee transportation if this information is not received.

Payment must be transferred and controllable 3 days before the technical meeting.

<http://ipf-bench-2011.dk/index-14.html>

Should questions arise from the union or their managers regarding the competition and/or stay in Denmark etc. please feel free to contact me.

Kind regards

**IPF Master Benchpress 2011 in Denmark**

Tommy Knudsen

Meet director